

## The Dancetide strathspey 2010.

32 bars in strathspey-time for 4 couples.  
Music: Heather Dewar's Strathspey

- 1 - 4 1<sup>st</sup> lady followed by 1<sup>st</sup> man, also 4<sup>th</sup> man followed by 4<sup>th</sup> lady cast in one place. 1<sup>st</sup> lady and 4<sup>th</sup> man cross to opposite sides. 2<sup>nd</sup> and 3<sup>rd</sup> couples step in and down/ up on bars 3 and 4.
- 5 - 8 All dance ½ reels of 4 on the sides.
- 9 - 16 Repeat bars 1-8 with 3<sup>rd</sup> lady and 2<sup>nd</sup> man leading. All end in partners original places.
- 17 - 24 All dance ¼ 4-couples rights and lefts:
- 17 - 18 All cross right hands.
- 19 - 20 Dancers in 1<sup>st</sup> man and 2<sup>nd</sup> man places also 3<sup>rd</sup> and 4<sup>th</sup> lady places change places left hands on the sides, while dancers in 1<sup>st</sup> lady place and 3<sup>rd</sup> man place cross diagonally left hand as dancers in 2<sup>nd</sup> lady place and 4<sup>th</sup> mans place cross diagonally left hand.
- 21 - 24 Repeat bars 17-20. finish facing own partner
- 25 - 28 Bottom 3 couple set and cross right hands
- 29 - 32 Bottom 3 couple chase clockwise ½ way round to finish 4123

Dance pleated September 19, 2010 by Christian Rune Petersen as an compliment to the team.

[www.dancetide.dk](http://www.dancetide.dk)

